# Faith Leaders for Life (FLFL)

Prevent suicide. Protect life. Promote Hope. A suicide prevention program for faith communities.





Have you had a suicide loss or suicide attempt in your community?

Would you like to learn how to prevent suicide and provide care after a loss?

Faith Leaders for Life (FLFL) is a free program for faith communities that involves:



### ONLINE TRAINING

Participants receive 7 hours of online training. including powerful

videos with suicide loss survivors and faith leaders talking through how to manage the needs of a community to prevent loss, respond and provide postvention services related to suicide. Note - this training can be started and stopped at any time; you don't have to do it all at once.



### **VIRTUAL BOOK CLUB**

Every week for 4 weeks, 20+ faith leaders will meet to talk about a section of the online

training. A trained facilitator with experience in North Carolina faith communities and suicide prevention will lead the book club. The book club is a great opportunity to deepen understanding of the training and it provides a chance to talk with fellow faith leaders about challenges, barriers, and opportunities.



**CONTACT LIST** A contact list of FLFL participants is provided so that all participants can reach out to each other in times of need. This program is actively engaged in building partnerships across faith traditions and the state.

## **UPCOMING FLFL GROUPS INCLUDE:**

- Summer 2023 #1: May 25 June 22
- Summer 2023 #2: July 13 August 10
- Fall 2023: TBD
- Winter 2023: TBD

To apply for this training or get more information, please contact:

**ABBY COFFEY** abigail.coffey@dhhs.nc.gov







# **Start With Veterans (SWV)**

A suicide prevention training.





Did you know 8.3% of North Carolinians are veterans and they are at a higher risk for suicide? Do you want to know how to intervene with someone who is at risk for suicide?

If you interact with veterans at work, at home, at the gym, or anywhere else, you are eligible for a free license to take the Start online suicide prevention training.

Start is a free 90-minute virtual training that teaches individuals how to:



Start - as in 'start the conversation,' instead of staying quiet and wondering if someone is okay. This training provides the skills and confidence to ask the question and connect them to helpful resources.

To apply for this training or get more information, please contact: **ABBY COFFEY** | abigail.coffey@dhhs.nc.gov





# Firearm Safety Team (FST)







A Firearm Safety Team is a group of community members who work to reduce gun violence. Partners on this team may include public health workers, parents, non-profits, law enforcement, hospitals, gun owners, and many more.

### Typical Firearm Safety Team (FST) activities are:



PROVIDING FREE GUN LOCKS



PRESENTING
TO GROUPS ON
FIREARM SAFETY



PROVIDING COUNSELING ON ACCESS TO LETHAL MEANS (CALM) TRAINING

**Durham County** has had an FST for 21 years. Other NC counties with an FST include:

- Cabarrus County
- Catawba County
- Hoke County

Iredell County

- Martin Tyrrell Washington Health District
- Mecklenburg County
- Pitt County
- Wake County

If you want to take action to reduce gun violence in your community, explore creating a Firearm Safety Team.

To apply for this training or get more information, please contact:

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