

Lunch provided:
Please RSVP to SIELab@unc.edu

THE SELF SYSTEM: AN INDIGENOUS APPROACH TO HEALTH

Tuesday April 16, 2019
12-2:00 PM

SIE Lab (room 118)
UNC School of Social Work

VIVETTE JEFFRIES-LOGAN
OCCANEECHI BAND OF THE SAPONI NATION
FOUNDER, BIWA CONSULTING



In many Indigenous cultures, the concept of health expands beyond the absence of dis-ease in the physical body. Optimal health encompasses balance in all four quadrants of “self”- mental, physical, spiritual and emotional. Vivette will share a model she created to illustrate the impact of Historical Trauma on Indigenous people and Nations. She will also include information about current approaches to healing in Indigenous communities across Turtle Island.

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